

Cucumber Raita

Ingredients:

2 pints yoghurt
1/2 cucumber - grated
1/2 teaspoon salt
1/4 teaspoon red chilly powder
1/4 teaspoons black pepper
1/2 teaspoon roasted cumin seeds

Method

1. pour yoghurt in serving dish
2. Grate cucumber & mix with yoghurt
3. Add salt & spices stirring to mix evenly in yoghurt
4. Serve & enjoy

Allergens - milk