**Training offers and options 2025**

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| **Dementia Friends Information Session** | Become a Dementia Friend by accessing a free Information session online or face to face, Approx. 45-60 mins long | |
| **Options:** | In person (minimum of 10 people) | Email: [dementiafriends@alzheimers.org.uk](mailto:dementiafriends@alzheimers.org.uk)  Preferably give 4 weeks’ notice  Organisations can also go down the organisational route. Information can be found here <https://www.dementiafriends.org.uk> |
|  | Find nearest location where this information session is being offered, both face to face but also virtual. | <https://www.dementiafriends.org.uk/WEBSession> |
|  | Watch online and become a Dementia Friend instead by watching the video. | <https://www.dementiafriends.org.uk/register-digital-friend> |
| **Carers Awareness Training**  Carers Federation (CMYK) New 070611.pdf  **For Healthcare Professionals** eg GP Teams  Approx 60 mins long | **Organised through: Nottinghamshire Carers Federation**  Carer Friendly Quality Mark for GP Practices, plus training for Health Care Professionals (including Carer Champions) etc County, City and Bassetlaw | **Health Liaison Worker**  Alison Hill  Email: [a.hill@carersfederation.co.uk](mailto:a.hill@carersfederation.co.uk)  Mobile : 07713 334671  Or : 0115 9629310 |
| Notts-Carers-Association-Logo**Carers Awareness Training**  **For Community groups & organisations,**  **For Employers**    Approx.1.5 hrs long | **Organised through: Nottinghamshire Carers Association**  Book on training dates for: Community Engagement  **Carer Awareness Training** webinars:  12th June 2025 at 10.30am | [www.nottinghamshirecarers.co.uk](http://www.nottinghamshirecarers.co.uk)  Tel: 01773 833833  **Carer Awareness training for community groups & organisations contact Community Engagement Worker:**  Diane Naylor: 07773 172 988  Diane.naylor@nottinghamshirecarers.co.uk  **For Employers contact Jayne Davies for Carer Awareness training in an Employment setting:**  [jayne.davies@nottinghamshirecarers.co.uk](mailto:jayne.davies@nottinghamshirecarers.co.uk) |
| Alternative options for anyone interested in further training: | 1.(Free) [The Wicking Dementia Centre (utas.edu.au)](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fmooc.utas.edu.au%2Forganisation%2F3%2FThe_Wicking_Dementia_Centre.html&data=05%7C01%7Cgwynneth.owen%40nhs.net%7Cde7dc07d33e245576cd108db41a4100c%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638175945130916918%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=lhpNHC8fV1%2FTmZY3qHN13hqZI6SluF41ucJrXLwb2Kw%3D&reserved=0)  2 x online courses: 2hrs a week  Preventing Dementia (4 weeks)  Understanding Dementia (7 weeks)  2. Introductory presentation of the SPECAL Photograph Album  Presentations available throughout Notts or bespoke presentations can be arranged.  (Charges apply) SPECAL [What is The SPECAL Method? - Contented Dementia Trust](https://contenteddementiatrust.org/what-is-the-specal-method/)  [di.trinder@ageuknotts.org.uk](mailto:di.trinder@ageuknotts.org.uk) or [linda.crick@ageuknotts.org.uk](mailto:linda.crick@ageuknotts.org.uk) | |